

Upcoming Classes



February 2025

Monday 2/17 8 am to 4 pm
Tuesday 2/18 8 am to 4 pm
Wednesday 2/19 8 am to 4 pm
Thursday 2/20 8 am to 4 pm

Pre-test:
Monday 2/10 at 6:30 pm

Deep water training at
Fitchburg YMCA to be
determined



April 2025

Monday 4/21 8 am to 4 pm
Tuesday 4/22 8 am to 4 pm
Wednesday 4/23 8 am to 4 pm
Thursday 4/24 8 am to 4 pm

Pre-test:
Monday 4/14 at 6:30 pm

Deep water training at
Fitchburg YMCA to be
determined

\$350

Includes \$50 non-refundable fee for the Pre-test.

Registration Deadlines: 2/10 for February class, 4/14 for April class

Must attend all four days of class