

**COMING IN
JANUARY 2025**

YOUTH LAP SWIM

**DESIGNATED TIMES FOR YOUTH
AGES 8-17 TO SWIM LAPS.**

**TWO LANES RESERVED SPECIFICALLY FOR THOSE YOUTH WHO
ARE SERIOUS* LAP SWIMMERS, SWIM CLUB/TEAM MEMBERS OR
WHO WISH TO SWIM LAPS FOR EXERCISE WHILE A LIFEGUARD
IS ON DUTY. (THIS IS NOT FAMILY SWIM)**

**MONDAYS: 5:00-6:00 PM
WEDNESDAYS: 7:00-8:00 PM**

***YOUTH MUST KNOW HOW TO CIRCLE SWIM AND KNOW THE
BASIC STROKES OF FRONT AND BACK CRAWL AND LAP SWIM ETIQUETTE.**

**ANY QUESTIONS? PLEASE REACH OUT TO THE AQUATICS DEPT AT
SWIMSCHOOL@OHA CLUB.COM OR EXT. 501**