

# Indoor Pool Usage Schedule

Effective 9/23/2024

Please note OHAC swim instructors reserve the right to use any lane at **any** time.

## SUN

7-9 am: 4 lanes OPEN  
9 am-3 pm: 1 lane lessons, 3 lanes OPEN  
3-5 pm: 2 lanes family swim, 2 lanes OPEN  
5-6 pm: 2 lanes Aqua Fit, 2 lanes OPEN

## TUES

5-9 am: 4 lanes OPEN  
9-10 am: 3 lanes Aqua Fit, 1 lane OPEN  
10 am-3:30 pm: 4 lanes OPEN  
3:30-4:15 pm: 1 lane lessons, 3 lanes OPEN  
4:15-6:45 pm: 2 lanes lessons, 2 lanes OPEN  
6:45-7:30 pm: 3 lanes Aqua Fit, 1 lane OPEN  
7:30-9 pm: 4 lanes OPEN

## THU

5-9 am: 4 lanes OPEN  
9-10 am: 3 lanes Aqua Fit, 1 lane OPEN  
10 am-3:30 pm: 4 lanes OPEN  
3:30-6:45 pm: 1 lane lessons, 3 lanes OPEN  
6:45-7:30 pm: 3 lanes Aqua Fit, 1 lane OPEN  
7:30-9 pm: 4 lanes OPEN

## SAT

7-8 am: 4 Lanes OPEN  
8-8:45 am 3 lanes lessons, 1 lane OPEN  
8:45 am-12:30 pm: 4 lanes LESSONS  
12:30-3:00 pm: 4 lanes OPEN  
3-5 pm: 2 lanes Family Swim, 2 lanes OPEN  
5-6 pm: 4 lanes OPEN

## MON

5-9 am: 4 lanes OPEN  
9-10 am: 3 lanes Aqua Fit, 1 lane OPEN  
10-11:30 am: 2 lanes lessons, 2 lanes OPEN  
11:30 am-1:45 pm: 4 lanes OPEN  
1:45-3:30 pm: 1 lane lessons, 3 lanes OPEN  
3:30-5 pm: 2 lanes Family Swim/Lessons, 2 lanes OPEN  
5-7 pm: 2 lanes lessons, 2 lanes OPEN  
7-9 pm: 4 lanes OPEN

## WED

5-9 am: 4 lanes OPEN  
9-10 am: 3 lanes Aqua Fit, 1 lanes OPEN  
10 am-3:30 pm: 4 lanes OPEN  
3:30-5 pm: 2 lanes Family Swim/Lessons, 2 lanes OPEN  
5-7 pm: 3 lanes lessons, 1 lane OPEN  
7-9 pm: 4 lanes OPEN

## FRI

5-9 am: 4 lanes OPEN  
9-10 am: 3 lanes Aqua Fit, 1 lanes OPEN  
10 am-4 pm: 4 lanes OPEN  
4-4:30 pm: 1 lane lessons, 3 lanes OPEN  
4:30-6:30 pm: 2 lanes Family Swim/Lessons, 2 lanes OPEN  
6:30-8 pm: 4 lanes OPEN

"OPEN" swim times are for adults, 18+.  
Individuals 17 and under must swim  
during Family Swim hours when  
lifeguard is on duty.