



What should I bring/ wear to training sessions? For students to fully engage in training sessions they must bring all required course materials (training manuals, lesson plans, etc.); these will be detailed by your instructor. All aquatic training sessions contain in-water portions, therefore, all participants must bring swim suite(s) & towel(s); goggles are option but encouraged.

How do I pay for the course? Payment is due at time of enrollment, no exceptions. Please see course flyers for course pricing and enrollment deadline

Do you offer refunds for courses? Refunds may be given to students who cannot participate in the course regardless of reason. Refunds will be reduced to 50% after 48 hours prior to the first day of the course and refunds are not applicable after the start of the course.

Are all classes held at Orchard Hills? Most classes are hosted at Orchard Hills Athletic Club; 100 Duval Rd. Lancaster, MA. However, courses that require deep water work (depth greater than 7') require an additional meeting at another training site. These dates and times will be detailed by the instructor.

What if I miss a class? The American Red Cross states that to successfully complete the course all hours of meeting must be completed; therefore attendance for all sessions is required. If a course date is going to be missed, please reach out to your instructor.

When are classes held? Courses are typically held during public school vacation weeks throughout the year. However, private courses can be offered if participants are able to gather a group of students; reach out to instructor regarding additional courses.

How do I register for courses? All group registrations can be online through our website www.ohaclub.com.

Additional questions? Contact Brent Chesbrough at bchesbrough@ohaclub.com