

# Indoor Pool Usage Schedule

effective 9/18/2022

Please note OHAC swim instructors reserve the right to use any lane at any time

## SUN

7-8 am: 4 lanes L/E  
8 am -12 pm: 2 lanes lessons, 2 lanes L/E  
12-3 pm: 4 lanes L/E  
3-5 pm: 2 lanes family swim, 2 lanes L/E  
5-6 pm: 2 lanes Aqua Fit, 2 lanes L/E

## MON

5-8:30 am: 4 lanes L/E  
8:30-10 am: 2 lanes Aqua Fit, 2 lanes L/E  
10-11:30 am: 2 lanes lessons, 2 lanes L/E  
11:30-3:30: 4 lanes L/E  
3:30-5 pm: 2 lanes family swim, 2 lanes lessons  
5-7 pm: 2 lanes lessons, 2 lanes L/E  
7-9 pm: 4 lanes L/E

## TUES

5-9 am: 4 lanes L/E  
9-10 am: 2 lanes Aqua Fit, 2 lanes L/E  
10 am-4:30 pm: 4 lanes L/E  
4:30-6:45 pm: 2 lanes lessons, 2 lanes L/E  
6:45-7:30 pm: 2 lanes Aqua Fit, 2 lanes L/E  
7:30-9 pm: 4 lanes L/E

## WED

5-9 am: 4 lanes L/E  
9-10 am: 2 lanes Aqua Fit, 2 lanes L/E  
10 am-3:30 pm: 4 lanes L/E  
3:30-5 pm: 2 lanes family swim, 2 lanes lessons  
5-7 pm: 2 lanes lessons, 2 lanes L/E  
7-9 pm: 4 lanes L/E

## THU

5-9 am: 4 lanes L/E  
9-10 am: 2 lanes Aqua Fit, 2 lanes L/E  
10 am-4:30 pm: 4 lanes L/E  
4:30-6:45 pm: 2 lanes lessons, 2 lanes L/E  
6:45-7:30 pm: 2 lanes Aqua Fit, 2 lanes L/E  
7:30-9 pm: 4 lanes L/E

## FRI

5-9 am: 4 lanes L/E  
9-10 am: 2 lanes Aqua Fit, 2 lanes L/E  
10 am-4:30 pm: 4 lanes L/E  
4:30-6:30 pm: 2 lanes family swim, 2 lane L/E  
6:30-9 pm: 4 lanes L/E

## SAT

7-8 am: 4 Lanes L/E  
8 am -12 pm: 4 lanes lessons  
12-3 pm: 4 lane L/E  
3-5 pm: 2 lanes family swim, 2 lanes L/E  
5-6 pm: 4 lanes L/E

L/E=Lap Swim/Exercise