



HAPPY THANKSGIVING

CLUB SCHEDULE

THURSDAY 11/25

Club hours: 5 am - 12 noon

No classes
(group fitness, cycling,
boot camp, aqua fitness)

No swim lessons

No Family Swim

Kids Club closed

FRIDAY 11/26

Club hours: 5 am - 9 pm

Join us for:
8:30 am BLACK FRIDAY BLAST
with Wendy
9:00 am Aqua Fitness
with Jane
5:30 pm Body Pump
with Joslyn

Kids Club open 9:30-11 am

Family Swim 4:30 to 6:30 pm

No Youth Strong

SATURDAY 11/27

Club hours: 7 am - 6 pm

Join us for:
8:00 am Cycling
with Wendy
8:15 am Cardio and Core
with Judy

Kids Club open 8:00-9:30 and
9:40-11:15 am

No Swim Lessons/Swim Club

Family Swim 3:00-5:00 pm

SUNDAY 11/28

Club hours: 7 am - 6 pm

All group fitness/cycling classes
running as usual

Family Swim 3:00-5:00 pm

